

retreat for girls

CODE OF CONDUCT

Retreat for Girls has a strict code of conduct. This is to ensure that each young woman attending the retreat will have a safe and enjoyable week. Parents and participants must understand the rules associated with our code of conduct and agree to them by signing below.

DRESS AND GROOMING

Retreat for Girls will abide by a firm dress code. The girls and counselors are expected to be modest at all times. To avoid issues related to the length of shorts, shorts will not be allowed. Capri pants are acceptable. No skorts, or skirts will be allowed that do not go past the knee. No tight clothing, vulgar language or extremes in dress will be allowed. Shirts must have sleeves that cover the shoulders and cover the stomach when hands are raised above the head. If the dress code is not maintained by the participant, she will be asked to change before continuing in the activity or class.

LANGUAGE

Each participant is expected to use clean, uplifting language during the week. This includes conduct with other participants, counselors, speakers, and directors.

CLASSES AND ACTIVITIES

Each participant is to attend each class and activity and arrive on time. Girls must check in and out with their counselor for free time adhering to the free time procedures. These procedures will be outlined during orientation the first day of the retreat. Counselors must know where their girls are at all times. Participants are not allowed to leave campus during the week.

QUIET TIME AND LIGHTS OUT

Each night the girls will have Quiet Time in order to write in their journals, read their scriptures, etc. Lights Out will directly follow. Each room **must** have its lights out on time.

CELL PHONES/ CALLING HOME

We know participants want to stay in touch with family. Cell phones are permitted during Retreat for Girls; however, we have the right to restrict the times they may be used. The use of cell phones is only to be used to contact family during Retreat, not friends. No cell phones are allowed at activities or classes. There are some land line phones available for the girls to use. If they are calling long distance they will need a calling card. Participants may only talk on the telephone during free time or during the hour they are given to get ready for bed.

UNIVERSITY PROPERTY

If you lose a room key or wristband, or damage university property you are responsible for replacing the lost item. The cost to replace a room key is \$10.00. The cost to replace a wristband is \$1.00.

LAWS AND STANDARDS

Participants are expected to obey every law governing our land. This includes no illegal substances, stealing, shoplifting or physically hurting others. In addition participants are expected to be chaste and uphold the standards set forth in the "For the Strength of Youth" pamphlet.

Participant

I have read and understand the Retreat for Girls Code of Conduct and my signature below represents my understanding and acceptance of this Code of Conduct, and my willingness to live up to these expectations. I understand that my failure to act with good character and to abide by this Code of Conduct may result in a loss of privileges during the event, and/or I may be sent home. If I am sent home early, I will not receive a refund.

Participants Name (please print) _____

Participants Signature _____ Date _____

As the **Parent/Guardian** of _____, my signature below represents that I have read the Retreat for Girls Code of Conduct and will support the individual in charge in maintaining appropriate behavior and in the development of good character. I agree and accept that we will not receive a refund if my child is sent home early for not abiding by the Retreat for Girls Code of Conduct.

Parent/Guardian Signature _____ Date _____