

Retreat for Girls Dress Code



-No shorts, leggings or yoga pants: to avoid issues, these clothing items are not allowed.

-Capris are great! They must go below the knee.

-No holes or shreds in pants or capris above the knee.

-All shirts must have a sleeve. Sheer or lace shirts must have a cap sleeve underneath.

-Shoulders and stomachs must be covered.

No vulgar or suggestive language, too tight clothing or extremes in styles.

-Dresses and skirts **MUST** go below the knee and touch the floor when kneeling.

-Leggings underneath a skirt do not lengthen the hemline of skirts.

-We wear dresses on two different occasions.

****If the dress code is not maintained by the participant, she will simply be asked to change before continuing the activity or class. Refusal to abide by the dress code may result in consequences outlined in the Code of Conduct.**